Fostering Women's Empowerment through Access to Services, **Mentorship and Capacity Development** across Cadres

World Health Partners advocates for women's empowerment by quaranteeing women access to their socio-economic and health rights. This includes providing opportunities for them to enhance their professional and personal skills through mentorship and capacity building initiatives.

Women's empowerment, as embedded in its terminology, aims to help women realize, explore, and optimize their potential. What began as a concept and a modest beginning to encourage women to start thinking about their rights and development in various spheres of life, has now become an important element in creating an equitable and inclusive society. An empowered woman is a pillar that upholds a strong society and nation. One powerful strategy to achieve this is through mentorship and capacity development programs designed to address their core needs and rights, and also create opportunities and an enabling environment for women to unlock their potential, realize their self-worth, and become independent for their good and the development of families and communities.

INITIATIVES TO CREATE A POSITIVE IMPACT ON WOMEN

At World Health Partners (WHP), women within and outside the organization underscores significance, since we deeply believe in strengthening the various cross sections of women we are associated with, be it our clients, stakeholders, and the staff engaged in various verticals.

Providing services to women from the marginalized communities forms our core intervention since they are the most deprived population segment and oblivious to what their needs and rights are. Our approach has been to execute programs curated in such a way that helps women strengthen their socio-economic conditions. Towards this, we have been undertaking efforts to link women with social security schemes and entitlements like Ayushman Bharat, Jan Dhan Yojana, nutrition programs, widow pension, tribal programs, and other beneficial schemes helpful to alleviate their financial and health status. Linking women TB survivors and their family members with vocational programs is another focus area aimed to improve the income of women and their families.

WHP has service delivery programs in thematic areas such as family planning, maternal and child health care, mental health, and tuberculosis that are intended to enable women to take charge of their overall health. Our family planning outreach and counseling services have empowered approximately 15,246 rural women in 18 districts spread across three states - Bihar, Jharkhand, and Uttar Pradesh in making informed reproductive choices while adopting their preferred method of family planning and contraception and planning their pregnancy. The maternal and child health programs in place provide comprehensive health care related to pregnant women and lactating mothers and their babies.

To ensure physical and mental well-being we are providing free teleconsultation services that have helped women in accessing quality health services from the comfort of their homes.

WHP has been playing a crucial role in the capacity building of frontline health workers, community health officers, and medical officers on reproductive and child health, mental health, and tuberculosis in order to strengthen the public health programs largely accessed by low-income families.

Women Care Coordinators and Call Centre Executives are the backbone of our community programs. Therefore, to ensure the services are run successfully, mentorship and regular capacity building and refresher training for our women staff are provided to enhance their subject knowledge on issues of mental health, tuberculosis, family planning, and government community programs and develop their confidence and technical skills for carrying out their roles diligently and serve as training resource at the ground level. WHP's female gender specialist and mental health and other thematic and program specialists are playing a crucial role in providing one-on-one guidance and mentoring to our women staff.



Community meeting being conducted in Dumka on mental health and World Health Partner's toll-free number for people seeking mental health services

World Health Partners (WHP) is a non-profit Indian society that sets up programs to bring sustainable healthcare within easy access to underserved and vulnerable communities. It innovatively harnesses already available resources more efficiently by using evidence-based management and technological solutions. WHP is best known for its programs focused on early detection and treatment of tuberculosis in urban and rural settings supported by community-based activities to ensure prevention. The organization uses all available resources--both in the public and private sectors to ensure that people living in any part of the country will have access to high-quality treatment.

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